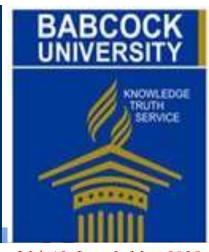
ANCHOR

A PUBLICATION OF THE OFFICE OF **INSTITUTIONAL EFFECTIVENESS**



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...assuring effectiveness, keeping the promise....



OUR VISION

A driving force for transforming Babcock University into a center of excellence through assuring institutional effectiveness.

OUR MISSION

To Uphold Babcock University as a center of excellence, through quality development and management of personnel and materials in teaching and learning, research, and spirituality.

OUR CORE VALUES

Trust in God, Integrity, Persistence, Excellence, Diligence, Service and Loyalty to Seventh-day Adventist Heritage

Top News

OIE Holds Orientation For BCED Students

IFI Holds Faith and Technology Symposium Series 5



Editorial

What Are You Programmed For?

rom a biological perspective, humans are defined by their chromosomes while rom a theological viewpoint, we are created in the image of God. Similarly, every human-made product especially technological device is designed with a specific purpose in mind. Understanding this purpose is key to ensuring optimal performance. In the same way, discovering and embracing our individual identity through self-awareness is crucial to living a purposeful and meaningful life. Without this clarity, we risk being swayed by every trend or shifting ideology.

In a tech driven world, a lot of distractions abound and often times we tend to programme our lives to fit into social media trends, demands and ideologies thereby losing our true identity. But in the rush to fit in, we risk logging out of who we truly are. The real question is: are you programmed for excellence or mediocrity? for authenticity or imitation? for moral integrity or compromise? for self-discipline or self-indulgence? The choices we make each day for reflect



Constance C. Nwosu, PhD (AVP, IE)

the internal "programming" we follow.

This edition of the *Anchor* newsletter invites you to reboot your perspective. From the dynamic BCED Orientation to the thought-provoking Faith and Technology Symposium, and the exciting happenings at the Office of International Effectiveness, this issue is packed with inspiration, innovation, and insight. Plug in, power up! and enjoy the journey!

Inside this Issue:

Editorial	2
Pen of Inspiration	
BCED Students' Orientation3	
Faith in Technology Symposium6	
OIE Happenings	7
Special Feature	8
Editorial Team	
Prof. C.C. Nwosu Sandra Ikegwuruka	

PEN OF INSPIRATION: Maintain Personality

one should consent to be mere machines, run by another man's mind. God has given us ability to think and to act, and it is by acting with carefulness, looking to Him for wisdom, that you will become capable of bearing bur-

dens. Stand in your God-given personality. Be no other person's shadow. Expect that the Lord will work in and by and through you. Never think that you have learned enough, and that you may now relax your efforts. The cultivated

mind is the measure of the man. Your education should continue during your lifetime; every day you should be learning, and putting to practical use the knowledge gained. Remember that in whatever position you may serve, you are revealing motive, developing character. Whatever your work, do it with exactness, with diligence; overcome the inclination to seek an easy task.



Messages to Young People, P.193, by Ellen G. White

OIE & BCED WELCOME NEW STUDENTS WITH INSPIRING ORIENTATION AT BU

o set the tone for a successful academic journey, the Office of Institutional Effectiveness (OIE), in collaboration with the Babcock Centre for Executive Development (BCED), hosted a heartwarming orientation for newly admitted part-time students on March 9, 2025, at the BBS Auditorium A. The event opened with a powerful devotional led by Chaplain Seun Oladinni, who challenged the students to "Study to Fulfill Your Destiny in Life," anchoring his message on 2 Timothy 2:15. He urged them to stay grounded in godly values. He also introduced key members of the Spiritual Life team, including Professor Efe Ehioghae (AVP, Spiritual Life) and Pastor Debo Adesanya (Director of Chaplaincy).

Afterwards, the students were warmly welcomed by Prof. C.C. Nwosu, the Associate Vice President, Institutional Effectiveness (AVP,IE) and Dr.





Ayodeji Ajibade, the Director of BCED. This was followed by an enlightening session by Dr. Emmanuel Eregare, Director, E.G. White Estate on "Your Friends, the Seventh-day Adventists," where he explored the Church's commitment to wholeperson education.

Academic integrity took center stage as Mrs. Chinanza Biague, representing Mrs. Modupe Idowu, Senate Panel on Examination and Academic Misconduct (SPEAM) Secretary, urged the students to maintain honesty and avoid academic misconduct, warning of its severe repercussions.

Dr. Chinemerem Ukangwa, from the Laz Otti Memorial Library, introduced the students to the university's wealth of academic resources and encouraged frequent library visits. On security matters, Mrs. Modupe Chukwu, standing in for Dr. Chukwuma Ajike, Director, Security Services, stressed the importance of smart and decent dressing and personal security.

Finally, Mr. Peter Ikonta from the Student Support Centre wrapped up the day with insights on effective study habits and closed with a prayer. The orientation was an opportunity to inspire the students with motivation and a strong foundation to thrive at Babcock University.



FAITH MEETS INNOVATION: UNPACKING IDENTITY IN THE DIGITAL AGE AT FAITH INTEGRATION SYMPOSIUM

n its bid to constantly educate and enlighten the university community about the various ways technology can be used to build faith, the Institute for Faith Integration in the Office of Institutional Effectiveness continued its symposium series on Faith and Technology. The fifth edition took place on March 26, 2025 at BBS Auditorium A, this time diving deep into the topic: "Technology and Identity Crisis". The event brought together minds from academia and ministry to reflect on how our faith can (and should) shape our digital lives. With Mr. Chibundu Eti as the event anchor, the floor was given to a distinguished trio from within the university: Dr. Ernest Onuiri (Deputy Director, Academic Planning), Mr. Felix Ikpeoha (Assistant Chief System/Network Administrator), and Mr. Guy Germain Mihindou (Postgraduate Student, Pastoral Ministry). Their insights wove a thought-provoking narrative around how technology can distort or enhance our sense of identity when viewed through a spiritual lens.

"Digital Duality: The Two Selves We Now Live With ."

Dr. Onuiri opened the conversation by highlighting how technology is no longer just a convenience, it is now a mirror and mould of our identities. According to him, the digital self often overshadows the real self, creating an identity crisis. Unfortunately, many people base their self -worth on likes, follows, and online approval thereby allowing social media to shape their views and behaviours. He admonished the participants not to be ruled by technology but heed to the biblical injunction in Romans 12:2: "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is" (NIV).

He also reminded the participants that technology is a tool, but we must control it, rather than allow it to control us. In addition, he stated that faith should shape our digital identity, and not the other way round. Dr. Ernest Onuiri concluded by proffering a three-way approach to maintaining our real identity in a tech-heavy world:

- **Digital Discernment** Carefully choose what you consume online (1 Thess. 5:21)
- **Digital Fasting** Set boundaries and prioritize reallife connections

Faith-Driven Tech Use – Let faith guide your use of digital tools, not the desire for likes.



"..technology is a tool, but we must control it, not let it control us and faith should shape our digital identity, not the other way around."

Dr. Ernest Onuiri

Tech and the Inner Self: Losing Ourselves in the Upgrades

dding depth to the dialogue, Mr. Felix Ikpeoha offered insightful reflections on the interplay between technology and identity. He drew from the biblical notion of human dominion to emphasize how, rather than mastering technology, many now find themselves mastered by it. In a digital age where online personality and Alinspired choices increasingly shape self-perception, identity crises have become more prevalent. These crises, he explained, can lead to confusion about one's values, beliefs, and purpose. Mr. Ikpeoha warned of the tech industry's reliance on FOMO (Fear of Missing Out), which fuels unnecessary upgrades and impulsive spending. To counter this, he advocated a mindset reset: see tech as a tool, not a trophy. Focus on function, not flash; resist peer pressure to upgrade; and remember authenticity and meaningful experiences outweigh the latest specs.

...authenticity and meaningful experiences outweigh the

latest specs.....



"Created for More: Reclaiming God-Given Identity"

Sharing his thoughts on the subject of discussion, Mr. Guy Germain Mihindou emphasized that while technology offers undeniable benefits, its misuse can lead to troubling consequences. He reminded participants that God gave humanity the capacity to use technology for comfort and progress, not for self-destruction. He highlighted phone addiction as a key concern, linking it to issues such as anxiety, poor focus, sleep dep-



rivation, and even moral decline. Mr. Mihindou also described how excessive reliance on social media has made many lose touch with reality, trading authenticity for curated personas and absorbing online content sink and hook. This, he noted, contributes to a deeper moral and identity crisis, particularly among students. He challenged the audience to reclaim control over their digital lives, asserting that humanity was created to rule over technology and not to be ruled by it. He called for digital self-awareness rooted in God's truth, urging students to rise above the chaos of online influence and remember their noble, God-given identity and dominion as found in Genesis 1:28.

The symposium concluded with a Question and Answer Session, where participants shared reflections and raised critical questions. More than just a symposium, it was a wake-up call to use tech with purpose, faith, and responsibility. Technology may be the tool, but faith is the compass. Let us not just scroll through life; let us live

Mr. Mihindou life intentionally, rooted in the identity God has given us!





SEASON OF CELEBRATIONS IN OIE



Hurray! It's another season of joy and gratitude at the Office of Institutional Effectiveness (OIE) as we mark a series of exciting milestones and memorable celebrations. On March 28, the OIE family gathered to celebrate Mr. Austin Ikonne on the successful completion of his one-year mandatory National Youth Service. It was a heartwarming event filled with prayers, well-wishes, and hope for a bright future ahead.

The month of **April** ushered in birthday celebrations for two esteemed colleagues: **Mr. Jekayinoluwa**



Mr. Ikonne and Prof. C.C. Nwosu

Ogunbadejo from the ICT Unit, who celebrated his birthday on April 2, and Mr. Joshua Ajayi-Olaoye, whose special day was marked on April 13.





May continued the joyful momentum, beginning with a birthday celebration for Miss Onyinyechi Agwu of the Quality Assurance Unit on May 3. This was followed by the birthday of Dr. Ngozi Ogbonna, Head of Unit (HOU), Institutional Research on May 14. The month reached its peak with two remarkable academic milestones. On May 26, Miss Deborah Caleb successfully defended her Master's dissertation, while Mr. Lordson Okegbe achieved the completion of his doctoral degree.

These moments not only highlight individual accomplishments but also reflect the collective spirit of growth, support, and excellence that defines the OIE family. We celebrate each of these milestones with immense pride and joy. May this season of celebrations be the beginning of many more to come!

DAZZLES AND SMILES FROM OIE













THE A-Z OF RESPONSIBLE USE OF TECHNOLOGY

In a digital world constantly vying for our attention, believers are called to engage with technology in ways that reflect wisdom, discernment, and spiritual integrity. The devices we carry are tools, not masters; they should serve God's purpose, not substitute His presence. Here's an A–Z guide to help us responsibly navigate technology without compromising our identity in Christ.



- A Accountability: Invite trusted friends or mentors to hold you accountable for your online habits.
- **B Boundaries:** Set limits for screen time and digital engagement to protect mental and spiritual health.
- C Christ-Centered Content: Prioritize media that aligns with biblical values and encourages spiritual growth.
- **D Discernment:** Evaluate all digital content news, posts, and entertainment through the lens of Scripture.
- **E Encouragement:** Use your platforms to uplift others and share God's love.
- **F Filters:** Use apps and tools that help you avoid harmful content.
- **G God-Time First:** Begin each day with prayer and the Word before checking your phone.
- **H Honesty:** Be authentic online. Avoid projecting a false image or comparing yourself to others.
- **I Intentionality:** Ask yourself why you're using a device or app. Is it drawing you closer to God?
- J Joy: Let the joy of the Lord be visible in your

online interactions.

- **K Kindness:** Comment and respond with grace, especially when others don't.
- L Light: Be a digital light in a world filled with negativity and misinformation.
- **M Moderation:** Balance your tech use with offline community, nature, and spiritual disciplines.
- N No to Noise: Regularly unplug to hear God more clearly amidst the digital clamor.
- **O Obedience:** Follow God's voice, even when it calls you to step back from certain platforms or trends.
- **P Privacy:** Guard your personal data and uphold the dignity of others online.
- **Q Quiet Time:** Schedule tech-free zones to reflect, read Scripture, or just be still.
- **R Respect:** Engage respectfully with diverse views without compromising your faith.
- **S Sabbath:** Take intentional breaks from technology to rest and reconnect with God.
- **T Testimony:** Use digital spaces to share your faith journey with gentleness and respect.
- U Unfollow: Remove content or accounts that hinder your walk with Christ.
- V V alues: Let your online presence reflect godly values, not shifting cultural norms.
- **W Worship:** Use music, sermons, and devotionals online to enhance your worship life.
- **X eXamine:** Regularly assess how your tech use impacts your relationship with Christ.
- **Y Yield:** Surrender your digital life to God. Invite Him into every click and comment.
- **Z Zeal:** Be passionate about using technology as a tool for Kingdom impact

Culled from White, J. (2020). Digital faith: Navigating technology while staying rooted in Christ. Faith & Culture Press.

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